

NOW
YOU CAN
Change
YOUR LIFE

Astrological Data for

SARAH WEST

June 3, 1970

10:12 AM [CET=GMT+01:00]

Kenilworth, United Kingdom [52N21 1W34]

Planet Positions:

| | | | | |
|---------|----|-----|--------|---------------|
| Sun | 12 | Gem | 22'44" | in 10th house |
| Moon | 3 | Gem | 49'12" | in 10th house |
| Mercury | 18 | Tau | 31'09" | in 10th house |
| Venus | 14 | Can | 07'52" | in 11th house |
| Mars | 0 | Can | 43'36" | in 11th house |
| Jupiter | 26 | Lib | 40'01" | in 3rd house |
| Saturn | 16 | Tau | 04'15" | in 9th house |
| Uranus | 4 | Lib | 41'29" | in 2nd house |
| Neptune | 29 | Sco | 09'56" | in 4th house |
| Pluto | 24 | Vir | 40'43" | in 2nd house |
| N. Node | 6 | Pis | 50'11" | in 7th house |
| ASC | 16 | Leo | 52'52" | |
| MC | 29 | Ari | 56'02" | |

Dear Sarah West,

I am delighted to present you with your natal report and chart wheel based on my ground-breaking system of changing your life and harnessing your potential through astrology.

Like all personal horoscopes, this analysis is based on the planet positions in the signs and houses, their aspects to each other and other celestial influences that help mould your personality. The difference is, I won't just be telling you what this all says about you but I will suggest what you can do, too, to build on your strengths and overcome the weaknesses shown through the negative features of your chart.

Instead of feeling limited and frustrated with the difficulties life throws your way, this analysis will help you understand your reactions and make choices on which paths to take that might lead to greater happiness and fulfilment.

The reason people become disillusioned are varied but frustration has its roots in one common area - failure to fulfil our potential and to be true to ourselves. Deny a part of yourself for too long and you will eventually become discontented and disillusioned. Your birth chart not only reveals your basic personality but also your mental, emotional and spiritual make-up too.

Your birth data taken from your date, time and place of birth provides your planetary blueprint and with this astonishingly insightful tool I can help you unlock your true gifts, capabilities and talents.

Everyone has a choice of expressing energy in a positive or negative way. When difficulties occur, this could be due to energy blockages or expressing it in a negative way. Your analysis will help you identify the weak points in your personality and give suggestions for positive change.

Your time of birth is crucial to the precision of your planetary particulars; if it is not correct to within four minutes, this will be reflected in the interpretation.

Here then, is your personal horoscope reading based on my book "You Can Change Your Life". I am delighted to be with you as you take your first step on the journey towards changing your life and creating our own destiny.

Chapter 1

Understanding the Core You - Identifying Your Happiness Potential

The pursuit of happiness is one of the basic elements of human existence. This chapter draws on the Sun's position in your chart and the aspects it makes with the other planets to discover where your Happiness Potential lies.

The Sun is in Gemini.

The Sun was in Gemini when you were born and this gives indication of your quick and clever personality. You thrive on change and variety; you love novelty and can get bored very easily.

You have a thirst for knowledge that keeps you interested in a variety of subjects; you need constant mental stimulation. You tend to pick up bits and pieces of information from here, there and everywhere and you always seem to have an answer to any question asked of you. This is because you have a little knowledge on a wide variety of subjects. You are always coming up with new ideas but there may be difficulty following through and you tend to leave a string of unfinished projects behind you.

You are communicative and sociable; talkative and friendly. You do not particularly like being alone as you enjoy your friendships and would prefer to go out, meet new people, interact and flirt!

Understanding your personality traits can help you make choices for happiness. You will start to recognise situations that bring out the best, and worst in you. This will help you steer towards circumstances that make you happy and when you notice things around you, or things that you do that don't serve your happiness, you can choose a different direction or different behaviours that may not come so naturally at first, but will develop into a habit.

You're the type of person who thrives on variety and a change of circumstances can lead to a short-term boost in happiness. However, you quickly adjust to new conditions and therefore need constant stimulation to feel truly satisfied.

The positives and negatives of the sun in Gemini are that you crave knowledge and will satiate this mental hunger by socialising, reading, studying, attending seminars, and watching documentaries. You are lively, friendly, and versatile. Not always however will you stick at any one thing.

How to build on the strength of the sun in Gemini: develop your ability to adapt and make the most of any situation.

How to overcome any negative traits of the sun in Gemini: try to recognise triggers that make you nervous and tense and avoid these types of situations. Also, if you feel yourself getting inconsistent, force yourself to focus.

The Sun is in the tenth house.

You will take a serious and careful approach to your personal and professional aims. You're also sensible when it comes to how you spend your time and whom you spend it with. You will be committed in your relationships and you are a loyal employee. You are hardworking and even in your off-duty hours; you are likely to have some serious jobs on the go. You just prefer doing something beyond just chatting or watching television. You might prefer to combine social interaction with productive activities such as craftwork, fund-raising events, learning new skills or running errands.

In your life, your greatest opportunities for growth will be through understanding how you can make a useful contribution to the world and discovering how working towards your goals might affect you personally. You have high ambitions and your need to accomplish is very strong.

Chapter 2

Understanding the Outward Expression of Your Personality - Identifying Your Public Persona

How public is your persona? This chapter looks to your rising sign and how it reflects the way other people might see you.

The Rising sign is Leo.

With Leo rising you have a fiery passion for life and you enjoy being extroverted and outgoing. You thrive when there are a lot of people around you and you strive to keep the environment harmonious. Even so, when you come up against people who are equally as strong in personality, there may be a struggle for dominance and this can risk harmony.

You are very concerned with your appearance. Your confident, capable persona might cover some degree of low self-esteem or worries about attractiveness and other personal traits depending on other features of your chart. Despite these occasional bouts of worry, you are good at promoting yourself and marketing your considerable talents.

Leo is a fixed sign and this can make you stubborn. You are creative and your fiery enthusiasm will help you achieve some worthwhile goals.

The negative side of Leo rising is you love to flirt and too much of it may send the wrong, dangerous signals out to other people. A warrior at heart, you thrive on challenges and any strife and dramas. If life gets too routine and boring, you are tempted to stir things up, just to keep yourself happy. On the rare occasion you lose your temper, you can turn into a savage beast. You seem to need an audience to help boost your confidence and ego, sometimes. When you suffer, you make sure others suffer along with you. Sometimes, you may even use deception to get what you want and to influence others to do things your way.

How to overcome any negative traits of Leo rising: Curb your cockiness, and you can combine confidence with your concern for serious issues, aiding in your search for truth. Fight the negative emotions that arise in you, and resentment will not sour your life. Don't give into temptation to control and manipulate. Learn to conquer your strong tendency towards revenge and things will fall into place for you.

Chapter 3

Understanding Your Goals and Objectives - Identifying Your Dreams and Aspirations

What is your aspiration in life. To change your life, you must understand your dreams and aspirations. This chapter looks at your midheaven and the moon's nodes to discover your Karmic Lessons and objectives in this lifetime.

The Midheaven is in Aries.

You can be impulsive when striving towards personal and professional goals. You are generally straightforward with those who share your aims but you can be somewhat brusque at times when things aren't moving fast enough for you.

You may have a strong interest in politics, though this may take the form of argument rather than action.

You will spend a lot of your energy on your career and you aren't afraid to compete in the workplace. The drive to achieve fame is also strong.

Try to consider your ideas and projects carefully. Ponder and reflect on them before getting started. The idea of bold action and wild adventures appeal but you should strive to remain faithful to your commitments. You will do well in positions of authority and you have strength of will, which could help you achieve your goals as long as you don't get distracted by other opportunities.

Aries is a very physically courageous sign, so it is not surprising that many people with an Aries midheaven gravitate toward risky professions such as the military, the police force, stunt work, sports, rescue work, and racecar driving.

The sign of Aries is associated with engines, and many people with the sun, moon, or ascendant in Aries are good with anything that has a motor. You might also be drawn to professions or pastimes that involve driving or flying.

You will lead an exciting life when there is always something happening and little stays the same for very long.

The Moon's North Node is in Pisces.

Your path in life will bring you many spiritual and emotional experiences. You have a strong need to develop in a spiritual sense and it might seem that it is more the journey than the destination that is important. Your life will be a series of lessons, all which must be learned in order for you to progress spiritually. You will often find yourself sensitive to the needs of those around you and there will be a strong desire to help those who cannot help themselves.

The Moon's North Node is in the seventh house.

Helping other people, achieving joint goals and seeing other people happy makes you happy too. You are attuned to the feelings and emotions of those around you and you might often find yourself helping and supporting close friends and partners because somehow their success depends on you. This will bring you strong feelings of satisfaction. It is difficult for you to describe your purpose in life because you feel it is strongly linked with others and therefore changes as your relationships through life alter. You have teaching ability especially in one-to-one associations.

Chapter 4

Understanding Your Emotional Make-Up - Identifying Your Basic Instincts

Emotions are internal sensations that provide you with important information about yourself, other people and your environment. This chapter looks at your Moon sign and house position and the aspects it makes with the other planets to identify your emotional make-up.

The Moon is in Gemini.

With the Moon in Gemini the positive you will react quickly in most situations; you crave novelty and variety and a thirst for change. You require constant intellectual stimulation in order to feel emotionally fulfilled. Instinctively you're always picking up bits and pieces of information from what's going on around you, storing this in your memory for when it might come in useful in the future.

The negative you might fail to focus your intellectual energies effectively or efficiently. At times, you might fail to think before you speak and this can cause problems in relationships. The mutable quality of Gemini demands a restless, varied, and changing atmosphere. The Moon in this sign can make you anxious, sometimes nervous and constantly seeking change or something new and different.

With the Moon in Gemini, you can suffer from occasional bouts of fickleness and you can be fickle. Recognising and confronting this will help you deal more positively with this side of your nature.

The Moon is in the tenth house.

With the Moon at the top of your chart, your mother or a strong female influence has played a part in influencing you in your childhood. The way you feel, your basic morals even your religious and philosophical beliefs may have a lot to do with her. This is positive if you feel you had a well-rounded early education. If however, you feel sometimes your responses to situations could be improved, you might consciously pause before reacting and ask yourself why you feel certain ways, is the past influencing you too much, or distorting your perception of the current reality and might there be a better way of coping?

You function well when you have an ambition to work towards and emotionally, you long for success. You're likely to get on well with your colleagues and co-workers and are well suited for work in public relations.

Emotionally, you might be slightly reserved, holding back from showing your feelings until you are more certain of people or situations.

Moon Trine Uranus.

You have a strong desire to do something on behalf of the world that will help those in need or who are suffering from oppression. You also have a strong sense of fairness, and tend to identify with those who are ostracized, oppressed, left out, or persecuted for having beliefs that are different from the mainstream.

You're tolerant of the quirks, idiosyncrasies and strange beliefs of others, and are perfectly willing to stick up for unpopular viewpoints, ideologies, or individuals if you feel that there is merit to you.

You have a versatile personality. You enjoy being active and on the go and you need to feel as if you've got enough going on in your life to keep you occupied. You would become easily bored with routine and aren't likely to like feeling confined in the one place for very long.

Moon Opposition Neptune.

You have strong emotions, which you are always striving to keep in balance. You sometimes appear fickle or unreliable because you change your mind very frequently. This is because you can sense and understand what other people are going through. You can put yourself in their shoes and you see so many sides of a situation it isn't always easy to make up your mind.

Because you feel experiences so strongly, what you want one day may repel you the next. People might accuse you of changing frequently and seeming like a different person at times. You have a tendency to make huge, life-altering changes on a whim. It is entirely possible people with more careful and practical personalities will sometimes find your behaviour baffling or intriguing.

First impressions often mean a lot to you; you will aggressively intimidate or coolly manipulate others to get what you desire. You crave attention and want other people to take you seriously. You are fiercely loyal in your closest relationships and there will be no doubt about your feelings.

Chapter 5

Understanding the Workings of Your Mind - Identifying How Your Thoughts Influence Outlook and Emotions

By understanding your learning processes and the working of your minds, you can learn to reason and communicate more effectively. This chapter looks at the planet Mercury and its position in your chart.

Mercury is in Taurus.

On the positive side, with Mercury in Taurus you strive to offer stability, reliability, and practical help to friends and lovers. With a tendency to be straightforward and genuine, you aren't likely to provide nasty surprises on others. You will aim to follow through with what you say you'll do, and find unreliability or inconsistency in others particularly aggravating.

You have a fine chance of making money with this placement. Combining the mental wizardry of Mercury with the natural acquisitiveness of Taurus, you are likely to amass material wealth as you go through life.

You are sociable, friendly, and affectionate and are likely to enjoy music, poetry, and art.

The negative you can get angry with yourself when your work and other efforts don't meet with your own high standards. You might become fixed in your thinking, refusing to accept there are other ways of looking at things. Imagination can be lacking and you will be so stubborn at times that you leave family and friends exasperated!

Mercury is in the tenth house.

You try to be logical in your thinking, especially when it comes to your professional concerns and main aims in life. If you plan ahead and know how you might achieve your goals, you know you stand a better chance of success.

You are good at communicating your ideas but will be watchful and cautious in your dealings. You might not make a move until you are sure of the other person's reciprocation. Even then, you have a tendency to doubt the commitments of your lovers and you will restrain your emotions and demonstrations of physical affection until you're sure of the other person.

When you do fall in love, all this rigidity in your thinking will slip away and you can be surprisingly passionate, especially with partners who can help you forget your self-consciousness.

You are ambitious and will happily attend courses and learn new subjects if this might help you achieve your professional goals. You might ask yourself certain questions before taking on long-term commitments such as 'am I willing to do what it takes to accomplish this goal?' and 'am I willing to be who I would have to be to achieve this aim?' In this way, you know exactly what you are taking on and you are likely to achieve success in the areas that mean most to you.

Mercury Conjunct Saturn.

Although you are prone to anxiety or depression, you tend to be staunch and strong in the face of adversity. You have excellent willpower, and you are unlikely to make yourself vulnerable by showing emotion if you have been hurt.

As a result, a friend or lover may not know that they have caused you upset or offence. This can cause problems in relationships and a challenge for you is opening up and trusting others with your deeper feelings.

You might occasionally suffer from low self-esteem, as you tend to be very hard on yourself. This tendency toward negativity can become full-blown depression if you're not careful.

You need to give yourself a little leeway and not expect perfection all the time. You are also prone to anxiety, and this combined with a tendency toward cleanliness can in some cases manifest as a germ phobia.

To make positive use of this aspect, try to use your thirst for knowledge to your best advantage. Take courses, read books, attend conferences. Participate in what's going on around you rather than watching from the sidelines. You are never too old to learn and if you have, an inclination to begin new studies or complete courses or degrees that you formerly left incomplete, do this.

Work on your communication skills through taking a course in creative writing or journalism.

Mercury Square Ascendant.

Sometimes you give up too easily. You worry too much, about what other people think and you try so hard to please others that you forget about your own needs.

When it seems like things are going against you, you might decide it's not worth bothering with. How you might overcome the negative side of this aspect is to accentuate the positive. Strive to look on the bright side, be optimistic, forward thinking, and believe that you can be successful!

Like a magnet, you'll start to attract positive feelings, events, and people. Do your best to control your fear of change or of upsetting other people. Your life might be run to definite routines because mentally, you feel more at home with what's familiar. This keeps you stuck in a rut until you are forced to make changes. When opportunity strikes, don't spend too long worrying about the consequences. Have faith in your capabilities. Be willing to take the occasional risk and be willing too, to stick with anything you begin. You reap what you sow, so take the initiative, persevere, and look forward to harvesting some rich rewards!

Chapter 6

Understanding Your Relationships Dynamics - Identifying how Relationships can Change Your Life

This chapter looks at the planet Venus in your chart to help you evaluate your relationships and work on the changes you might feel are needed in this department of your life.

Venus is in Cancer.

The positive you is gentle, kind-hearted, romantic, and sensitive. You have a wonderful imagination and you might express your creativity through music, poetry, and/or art. You might delve into your family history and are interested in culture through the Ages. This is because you are sensitive to other people's feelings and you gain wisdom through learning and through experience.

The negative you is so ruled by emotions that the mood changes you go through will confuse those around you. You find it hard to take advice or criticism and you will react in a strongly defensive way. One moment you might seem creative and inspired but the next, if someone says something to upset you, you will react with a few critical comments of your own. You have a great memory but you might tend to bring up old disagreements that other people have forgotten about when these would be better left buried in the past.

Venus is in the eleventh house.

You are popular and enjoy your friendships. You are likely to meet love partners through group and friendship activities or voluntary work that you do. You have strong humanitarian instincts and enjoy helping other people to help themselves. You will give your time and effort unselfishly to charity and community causes.

You strive to think positively when planning the future and will hold on to your hopes and wishes for a very long time. In your working life, others find it easy to get on with you and this helps you up the ladder of success within your career. Friends and associates count a lot in your life; you value them all.

You might enjoy working with or for companies and organisations that serve a large community. Non-profit, environmental-minded organisations or the caring professions (teaching, nursing, counselling) all appeal to your need to help others.

You need always to feel you can pursue your friendships even with heavy family responsibilities. There's a need to retain a degree of independence and you would hate to feel restricted or ruled by any one person.

Venus Sextile Saturn.

You can be over-conventional, afraid to break with tradition or try new things because you are more comfortable with what has been proven reliable over time. You are slow to trust, and you don't let your emotions show easily.

You can be analytical in your relationships and feel happier when everything is neat and tidy and in its right place. You prefer to understand everything fully before committing yourself. Although you sometimes hold yourself aloof until you get to know people, you have a charming way of saying the right thing at the right moment.

You strive to be fair in all your dealings and are able to see both sides of an issue. As a result, friends and co-workers will approach you to intervene when there are arguments and disagreements going on around you. You will be a good counsellor and will give wise advice. You may have a deep fear of public humiliation and a strong streak of self-consciousness, which prevents you from making dramatic statements or emotional scenes in public. When you are feeling anxious or low, others rarely know it.

Chapter 7

Understanding Your Driving Force - Identifying how you express your Energy and Possible Areas of Tension

This chapter focuses on your energy and how you might harness your energy to improve your life and possible areas of tension. This can be seen through the position of Mars in your birth chart.

Mars is in Cancer.

You might enjoy expressing your energy through taking on new challenges or in competition. But you are not necessarily in it to win. For you, the fun is not in winning, but in taking part.

You are industrious and will work hard to make a comfortable home for yourself and your family. There is a degree of patience too, to your personality in that you are prepared to wait for the things you really want. Most of all you crave security and the place that is likely to provide this is your home.

You can be a fierce protector in your closest relationships and you may be prone to shyness around the opposite sex, hiding this behind a façade of smiles and jokes.

If you sometimes suffer from feelings of insecurity or indecisiveness, you should try to recognize your own self-worth and to try to surround yourself with people who build you up, rather than people who tear you down.

Also, it is also important to recognize that praise from others, while important, should never control your life.

Mars is in the eleventh house.

You will put a huge amount of energy into group and humanitarian work. There's a strong need in you to help other people and if you aren't doing this through your work, you will work voluntarily on behalf of your community and for charity and other worthwhile causes. You will work hard to achieve your own aims and because you aren't likely to sit around waiting for opportunity to fall in your lap, you create your own opportunities and can make some remarkable achievements throughout your life as a result.

Mars Trine Jupiter.

You have a generous nature and there will be an unexplainable feeling of contentment when you give your time, love, or money liberally to another as reflected in the proverb: "A generous man will prosper; he who refreshes others will himself be refreshed".

If you hold back your generosity, you will feel anxious because money or possessions will have become a source of security whereas it is the love, affection, and companionship of people that you will crave the most.

Mars Square Uranus.

You enjoy mixing with exciting people. You usually dress to get noticed, and are bold enough to make statements, verbal or otherwise that leave an impression on others. You have the guts to put yourself forward and don't mind the whole world looking at you. In fact, you prefer it.

You crave a little danger, which makes you quite a risk-taker, sometimes excessively so. Unless the ascendant is in an earth sign, Virgo, Capricorn, or Taurus, you might be drawn to extreme sports and stormy romantic affairs with highly unsuitable partners.

Mars Sextile Midheaven.

You like to be active and will become restless if you feel you aren't being productive enough or when you aren't busy.

You might find that sporting activities and exercise is a positive outlet for this restless energy. You are also stimulated into action by the thought of competition. You are persistent in your aims and will work hard to achieve professional and personal success.

The people you work with are likely to be inspired by your enthusiasm, energy, and positive outlook. If you need support, you can be very hard to ignore! You have confidence in your abilities and senior colleagues are impressed by what they see. You are likely to earn yourself a professional reputation of being a reliable and dedicated worker.

Chapter 8

Understanding Your Sense of Destiny - Identifying the Roles of Materialism and Spirituality in Your Life

This chapter looks at the planet Jupiter in your chart to help you identify the roles materialism and spirituality play in your life and where your sense of Destiny might take you.

Jupiter is in Libra.

People appreciate you for your diplomacy. You appreciate that relationships need balance and you are willing to put effort into making them work. Throughout your life, you will get a lot of pleasure and learn a lot through your closest relationships. Don't worry if you've not met the partner of your dreams as the planets hint that you eventually will!

You might enjoy exchanging ideas about shared interests, books, music, or unusual philosophical issues. Others find it easy to get on with you, as you are generally tolerant, understanding and peace making.

You will be curious about different spiritual paths and will accept other people's beliefs are as sacred as your own. You will be accepting too, of other people's spiritual practices as long as they do not harm themselves or other.

Jupiter is in the third house.

You have an active mind and this makes it hard for you sometimes to relax. You function best when there is variety to your routine and you would hate to be confined for too long in confined spaces. You'll be happiest if your daily routines included a little travel. Short journeys add colour to your life; you love getting out and about.

You'd hate to spend too long in your own company as you enjoy your friendships and have a need for other people's company. Even if you aren't conversing with others, just having people around makes you feel at ease. People you mix with every day are very important to you, and you usually try to turn working relationships into friendships.

Brothers, sisters, and close family ties are important to you and you will keep in touch by letter, email, or phone, no matter how far away they are. You love to learn. You might do this through reading, further education or taking correspondence courses throughout your life. You will always be looking for ways to expand your brainpower and you are likely to be a good communicator.

Literature, the arts, music, and painting all appeal to you and if you've not made any attempt to develop talents in these directions, you should try. You might be astonished at your natural ability in one of these areas.

Jupiter Opposition Midheaven.

You are good at sorting out other people's affairs but because you tend to put the needs of others in front of your own, you aren't always good at managing your own. You will be fond of entertaining and mixing in higher social circles. This can make you an extravagant spender when you have the money.

You love to act on your ideas but not all your new ideas will be practical ones. Some are just wild crazy urges, like thoughts that wake you up and seem sensible to you during the middle of the night, and don't make a whole lot of sense to you the next morning. Don't take yourself too seriously. If you do something foolish and realise your mistake, forget it and move on.

In thinking about changing your life, you may have to consider the past, current relationships and situations and accept or reject other people's opinions and ideas which you have used to structure or restrict your life. You must decide what is right for you, your life situation, and the people around you who mean most to you.

Chapter 9

Understanding your Sense of Purpose - Identifying your Successes and Failures

Saturn's position in your chart gives indication of the lessons you might go through in life and your sense of purpose.

Saturn is in Taurus.

What motivates you is a strong need for material and financial security. Having a regular income means a lot to you. You will work hard for your money and you are patient in your expectations, knowing nothing of any real importance materialises over night.

You value money because this will give you the lifestyle you want; you have phases where you sometimes enjoy surrounding yourself with pretty objects then other times prefer your home to be uncluttered and spick and span.

You need to feel you are being useful and you need a goal to work towards. Not only this but with Saturn in Taurus you should develop a plan and know where you are heading. Having a sense of purpose brings out the best in you. Nothing contributes more to your peace of mind than knowing you are being purposeful and you have something to sink your teeth into.

Saturn is in the ninth house.

You are likely to put a lot of serious effort into long-term studies. If as a child you did not get the education you desired, you are likely to return to college or university as a mature student. And somehow, it won't seem like a chore to have to study and learn because it's so important to you; it will all come very naturally.

There are moments in your life when you're happy where you are and don't ever want to change things. Then all of a sudden, you get itchy feet and there's a strong need to travel, broaden your horizons and experience something new. Learning to balance these needs is important for you to feel you are in control of your life and your objectives.

Saturn Square Ascendant.

There is a strongly cautious and careful side to your personality. You are patient and have great powers of self-control but you are more likely to use these traits to help other people in their aims rather than pursuing goals that might make you feel more fulfilled and confident as a person.

Sometimes you give up too easily when you might not realise that often failure is a part of succeeding. Not everything in life is going to go according to plan but you can learn from your experiences. You are bound to feel shattered during those phases when you try your hardest to get something but it doesn't work out. This kind of disappointment might lead you not to risk it the second time round. If you try and fail, at least you are gaining in experience, learning all the time and you can look back and see there is a positive in all you have endured.

Don't fall into the trap of living your life through other people because you don't feel you will ever be a success. To achieve your goals and break bad habits, be clear and specific. If you want to quit smoking, for instance, figure out the exact steps that will get you there - whether that's seeing a doctor, researching the nicotine patch, or taking up jogging. The more clear you are about what you want to achieve and how you might achieve it, the more likely it is that you will be successful.

Chapter 10

Understanding Your Originality and Imagination - Identifying your Unique and Special Potentials

Uranus in your chart helps you understand and celebrate your creativity and the uniqueness of your imagination.

Uranus is in Libra.

You are likely to see many changes in relationships throughout your life. You enjoy your friendships but you will not cling on to associations or commitments that have passed their sell-by date. This will go for your love affairs too. You experience wonderful moments of joy and happiness and yet you can grow restless and seek excitement elsewhere.

It is important when thinking of changing your life, to recognise your talents and skills. Good choices based on what you are good at, reflect your goals, and take you closer to your dreams. Bad ones waste time, energy, and resources and delay you from realizing your potential and living an extraordinary life.

Uranus is in the second house.

Finances in your life are likely to be rather erratic; sometimes you have loads of money other times you're trying to scrape up enough cash to pay your everyday bills. You can be impulsive with cash.

You will find relaxation through celebrating your creativity.

List all your passions and be sure to spend some time on these in your daily life. Choose one for each week of the month and go for the ones you're more passionate about first. You need to add interest to your world through exercising your mind and imagination and making your life interesting as well as fulfilling obligations and responsibilities.

There is always the chance too that you can make money out of your interests and if you can develop a hobby into a lucrative business, you would be in your element.

Chapter 11

Understanding Your Spirituality - Identifying your Intuitive and Psychic Potential and Your Soul's Mission

Neptune's position in your chart will help you actualize your soul's purpose.

Neptune is in Scorpio.

With Neptune in Scorpio, you are likely to be very spiritual and perhaps aware of your spirit guides. They might make themselves known in a variety of ways. For instance, they may use a symbol that you recognise repeatedly through your life ... a bird, a butterfly, a feather. Or you might feel warmth or coldness, or a touch on a particular part of your body. You will feel at ease with the knowledge that your life's path has a spiritual purpose.

Neptune is in the fourth house.

You may have had some unusual experiences connected with your family and there could be something mysterious about your childhood. You may have been asked to keep secrets or it could turn out someone in the family has been devious. Family have a very special place in your heart. The atmosphere of your home is important; as this is the place, you would like to be most relaxing. You will do anything for a quiet life when you're at home and are able to shut the world out. Upset emotions can cause stress-related illness.

You might experience, at times in your life when you are in touch with your spirituality, an interest in subjects such as telepathy, clairvoyance, remote viewing, and out-of-body-experiences. It may also be that you will experience one or more of these personally. You may also be interested in UFO's and psychic or paranormal healing and other related issues.

Chapter 12

Understanding Your Journey towards Transformation and Empowerment - Identifying the Hidden Part of You

This chapter looks at Pluto, the planet of revitalisation, clairvoyance and transformation in your chart to help shed light on the hidden you.

Pluto is in Virgo.

You prefer to have an exceptionally clean home and clothing. You will probably shower or bathe and wash your hands more frequently than other people. You tend to take good care of your belongings and clothing, and dress somewhat conservatively or in comfortable, practical clothing rather than flashy outfits.

You have an analytical way of looking at life and when attempting to change your life or personality, this will help you uncover secret and special aspects of your nature and bring them out into the open where you can deal with them more effectively.

Pluto is in the second house.

It might seem to other people that you are successful or you place too much emphasis on money and material possessions, but you won't agree with this at all. The hidden side of you just needs to feel secure by being surrounded by familiar objects. You pursue money because that's what helps you and those you love get through life easier.

In your journey towards empowerment and transforming your life, you might connect with your inner spirit by reading spiritual texts and considering what it might mean to you or you may choose to meditate. You might look at different spiritual practices and find a one that works for you.

Chapter 13

Now You Can Change Your Life

Change is possible. If you're happy with your life, you're in touch with your personality and understand your true potential. If life doesn't measure up against your dreams and desires, realising the part the planets play in shaping you, helps you better understand yourself.

I hope I've played my part well in providing the information you need to help you wake up to your dreams and start to live them. Through changing those aspects of your life that aren't quite as you hoped you are well on your way to a fantastic future and to fulfilling your true potential.

You can change your life and create your own destiny. It will take work and it won't happen overnight as self-discovery is an endless path of revelation. Your Birth Chart will help light up the way. I wish you well on your journey.

A handwritten signature in purple ink that reads "Russell Grant". The signature is written in a cursive, flowing style with a long, sweeping tail on the letter 't'.

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